

Orienteering Victoria 2015-16 Coaching Scholarship

In 2015-16 Orienteering Victoria is pleased to award <u>two</u> Scholarships to the value of \$2500 to two talented enthusiastic Orienteers to be based in Victoria, Australia.

Applications are now open.

Visit us during our spring and summer (September 2015 to April 2016) to train and orienteer in our magnificent Australian climate. Victoria is lucky to have some World Class orienteering maps including those used for World Championships, World Masters Games and World Cups. Add to that a beach 90 miles long, magnificent mountains and Melbourne's renowned sporting culture for a trip of a life time.

Last year three young Danish Orienteers visited us and had a great time. We hope to repeat that success with you. In return for a scholarship, you will help with coaching, training and event organisation over this period. We hope you will enjoy visiting us over this period and you'll also be able to enter a variety of events including the Australian Championships to be held in Ballarat, Victoria in later September. You will have a 6 week break over December and January to do as you please. The scholarship includes accommodation and there is potential for additional work. We are offering two scholarships. We would prefer two people from the same country but that is not essential and ideally two people who know each other and are happy working together

To apply:

Email your details, your preferred dates, a brief CV, a photo and a short letter to Orienteering secretary@vicorienteering.asn.au

Applications close June 27 2015. Earlier applications are encouraged.

We suggest the scholarship runs from Mid-September 2015 to April 2016 but exact dates are open for discussion.

Those dates will allow participation in two major Australian Orienteering carnivals

The Detail

Orienteering Victoria are providing a scholarship for an enthusiastic pair of orienteers to volunteer as trainers and organiser for our southern hemisphere spring and summer (September 2015 to April 2016)

This is a great opportunity for you to holiday in Australia's most liveable city and run on some of Australia's greatest maps. Those months are great times to be here to experience the Australian culture and climate. This timing includes our famous racing carnival (the Melbourne cup), our Sprint into Spring urban orienteering race series and in January the Australian Open Tennis. In late September 2015 Victoria stages the Australian Orienteering championship Carnival in Ballarat on terrific gold mining terrain previously used for World Cups races. You will also be able to run on maps like Kooyora (WOC 1985) and other granite and gold mining terrain such as the legendary "Rowdy Flat" which is the most complex orienteering terrain in Australia. You will meet friendly orienteering families, experience the unique animals of our "bush" and utilise your experience to teach orienteering. In return we will provide accommodation, free event entry and some spending money. If you have a working visa, you can obtain further paid work as a coach in schools, mapping local areas or work outside orienteering.



How does it work?

Optional working visa

If aged 18-30 and you live in most of Europe or many other countries this visa will allow you to work anywhere in Australia for a limited time. It costs about \$367. It is not necessary for the core scholarship but it is strongly recommend. We will also assist you to obtain a "working with children check" required to work with children here in Victiria.

Dates – We suggest September to April to leave you free for the major European races and to coincide with times when we wish to run training and have programs organised for schools and our juniors.

Our core coaching season is from early October 2015 to late April 2016. We have allowed for a 6-8 week travel period from mid-December to February 1 as we assume you will want some time to experience other parts of Australia and possibly New Zealand. This coincides with our school holiday period and is one in which there are few Orienteering races (although the Christmas 5 day series occurs in NSW each year just after Christmas) We are flexible and applications for a shorter length of time would be considered. You could arrive as early as you like. If you arrive by late September we will pay for your entries in the 7 day Australian Championships Carnival which is one hour from Melbourne in the historic town of Ballarat. We will also pay your entries to major National Carnivals such as the Christmas 5 Days, National Orienteering League (NOL) events and the Easter 3 days (in Canberra next year) if you choose to stay that long. However travel to events will be at your cost. Of course families you stay with may be able to assist with travel within Victoria. Most of the best maps in Victoria are within 2-3 hours of Melbourne and some can be reached by public transport.

Please also be aware that most of our main forest races happen in our autumn and winter months. The main racing season here runs from March to October. Unlike Europe our main summer months have less organised forest Orienteering due to our hot climate. However it is still possible to train and run on the forest maps. In the summer there is an extensive park and street orienteering program in Melbourne and in October/November we hold a 6 race Sprint series. In March 2016 Victoria is hosting a three race National sprint series event on our best university campus maps.

Obligations in return for the scholarship. We ask you to;

- Assist with organising 3 or more events
- Provide help at our two Junior school championships
- Organise and provide free training sessions once a week for 2 hrs to club members over two "8 week" periods
- Help run two training camps for our Juniors (which will be a great chance to run on other maps)
- Run training and coaching sessions in at least one regional location for a 3-4 week period
- Help our members become better orienteers

Further paid opportunities (with optional work visa):

- Join in with our 'Schools' program and teach orienteering to school children
- Create or update sprint maps for our clubs (some clubs are very interested and will pay for creation of 1-2 new sprint maps
- Run training courses for mapping or course setting
- Non-orienteering work.

You will pay the following



Airfare to and from Australia
Travel costs within Australia
Optional working visa fee
Travel and health insurance
A contribution towards food and electricity to your host family if they ask for it.

Orienteering Victoria pays:

A \$1,500 scholarship (for 6 months, pro-rata if less) Up to \$500 towards event entry in Australia Up to \$500 to your host family Membership of Orienteering Victoria for 12 months.

You will need

A police check (we will assist with this). This is called Working with children and takes 6 weeks to process

To attend a couple of one day workshops to understand how to run schools programs

To speak good English, communicate well and be a good orienteer with a proven level of ability at national or junior national levels.

No formal qualifications in coaching are required but some previous experience is essential

Experience in course setting in software such as Condes is essential

Mapping skills for sprint maps is preferred but not essential

You will need a driving licence and ideally to purchase a car as public transport but we will assist by providing bicycles for local transport.

Accommodation

You will be billeted with various orienteering families during your stay. They will take part in the selection process. You will be expected to contribute to the family as would any family member. They are not hotels! We strongly suggest you agree to regular house hold chores.

You would pay the family a weekly amount for food and expenses over and above the \$500 we provide if they request it.



To apply please email secretary@vicorienteering.asn.au

We require contact details (phone, email address, home address, date of birth), a brief CV, a photo and a statement as to why you would be good for this position by the date listed above. Please list your orienteering achievements and experience, coaching experience and any work you have done with schools eg I set training courses for my school teams. Those we short list will also be required to provide two references – one for your orienteering eg coach, and one personal.

FREQUENTLY ASKED QUESTIONS FAQ

What will I need to provide?

A reminder you will need a working with children check / A work visa if you want to work / Medical insurance – medical costs in Australia can be very high.

Can Australians and New Zealanders apply?

Yes

What will I need to do? -

Calendar of volunteer opportunities for Victorian Coach-in-Residence Scholarship 2015

We are very flexible with the programme but here is our suggestion.

Here is what we would like you to do over a 6 month period - listed in our priority of importance

- 1.. Assistance at 3 events helping with organising, course planning
- 2 .. Club Training Navigational Workshops

Evening to be confirmed We envisage you producing training maps (eg contour only, memory, window maps etc) that are available for members to use instead of their usual course. There may be 20 or so people attending each of your training sessions so you may only be able to give fairly brief instruction and answer individual's questions briefly. Unpaid

- 8-10 Sunday mornings 9am -11am Moderate and Beginner workshops for 2-3 hrs
- **4 Whole Sundays** Advanced workshops lasting all day on a bush map out of town as part of training camps including two four our State junior squad in February and March
- 3.. Mapping Workshops these could be evening or mid-week unpaid

Ideally you would be able to teach some of our volunteers how to use OCAD or other mapping software

4.. **In School Training Workshops** (see link Sporting Schools on our Juniors Page) – some money available (usually \$25 per hour including preparation time)

Dates vary and are by negotiation and depend on your enthusiasm



We are likely to have plenty of opportunities for you to earn money in this area due to new Government Grants.

5 . Help run a training weekend/camp in early December or very Late January for transition from juniors school to senior school orienteering



How you can you earn more money:

- 1. Help run a training program for a series of schools in either Melbourne or one of our regional cities Run some form of coaching or event program for a series of schools and or teachers and or parents in October November or March. This could be to help teachers and or pupils
- 2. Run schools training programs for which we get requests in association with our schools development officer (see above)
- 3. Mapping activities some money available from clubs

Previous orienteers also completed paid work for orienteers who run businesses in and around Melbourne.

There are several areas that need mapping or remapping

When do these activities take place?

Most of our activities occur during our school term. Here are the Vic School Term Dates

- 2015 Term 3 Monday 13 July to Fri 18 Sep
- 2015 Term 4 Monday 5 October to Friday 18 December
- 2016 Term 1 last Friday January to second Friday April

Why two people?

Our experience last year was that having people who knew each other made it better for them and us. They were able to do many things together including travel. They had fun but it also made it easier for their host families.

Would you accept a "couple"

Yes this would be fine but it may not be possible for you to stay together with one family. You would most likely be staying in two different homes.

When do I have to arrive?

You can arrive anytime. We would prefer you to arrive at least a week before the Term starts but we are flexible. We prefer you stay for at least 6 months. The Australian Championships are in September and we think you would enjoy competing as they are using a former World Cup map.

When do I have to leave?

You can leave anytime but we prefer that you stay for at least six months. If you leave after Easter we will pay for your entry into the Easter orienteering carnival which is in Canberra (6 hours by car/one hour flight).

Where will I live and what will that cost?



You will be billeted with various host families in the liveable city of Melbourne. Some families might ask you for a contribution towards food and electricity. This is negotiable with the individual family but we will contribute \$500 towards this cost

Do I need a car? a computer? a phone?

Due to Australia's size and sparse population, t is difficult to travel on public transport to many events. A driver's licence would be very useful. A car is not essential but previous scholars have purchased a car for their stay and sold it again before they leave. While this is not essential we could help you arrange this. You will need your own laptop and your own mobile phone. Internet fees in Australia are higher than in Europe. We expect your hosts to provide internet access if they can.

How much can I earn?

Apart from the scholarship of \$1,500 cash and the \$500 worth of entries/memberships etc you can also earn money (if you have a work- visa) on orienteering work (in schools or at after school centres). Depending on your enthusiasm this could be substantial with rates of \$25 per hour. We frequently receive requests from schools that want instruction. In addition you can do non-orienteering work for example at a bar or shop. This usually pays about \$17 per hour for an unskilled person.

Is the police check essential?

Yes under our law you will need to apply for this free check to make sure you can work with children. It is easy and we can help you apply for this. You should apply at least 6 weeks before you arrive. Details can be found by typing "working with children check Victoria"

Do I need qualifications or to be a good orienteer?

You do not need to be at elite level but obviously you have to know how to orienteer well. No formal qualifications are required. We expect that you have had some coaching experience.

How do I apply?

There is no "application form". Simply send us an email with all your details (email address, phone numbers, date of birth, home address), a short cv, a photo of yourself and a letter explaining why you think you would be good for the position. Include your name and the word "scholarship" in the title of the email.

When should I apply?

Applications close on 27 June but the sooner you apply the better your chances. A decision will be made by end July at latest but possibly earlier if we have enough good early applicants